

Jumpstart your teen's first job!



Junior Lifeguarding



Get a jump start on your future as a lifeguard with **Junior Lifeguarding!** Experience what it takes to be a great lifeguard as well as learning the following skills:

- How to prevent and respond to most aquatic emergencies
- Fitness and swimming skills
- Response in an emergency
- Leadership skills

\$90 (Includes all course material)

Sunday, April 14th
9am-4:30pm
WRC 150


**University of
Northern Iowa**
Wellness & Recreation Services

[Register Online!](#)

<https://recreation.uni.edu/certifications>

Email Meredith Gregg at greggmab@uni.edu or call 319-273-7263 if you have any questions.

\$60 (Includes all course material)

Sunday, April 7th
9am-4:30pm
WRC 150

Become a great **babysitter** by learning practical skills and confidence through video presentations, hands-on activities and classroom discussions. Topics include:

- Responding to emergencies
- Good decision making
- Communication with parents

For ages 11-14



Babysitter's Training