

School Nurses



Health Facts for Kindergartners

Kindergarten Immunization Requirements:

DTaP	5 doses required with one dose on or after 4 years of age*
Polio	4 doses required with one dose on or after 4 years of age*
MMR	2 doses required with the first dose on or after 12 months of age* OR a positive antibody test for measles and rubella from a U.S. laboratory
Hepatitis B	3 doses required*
Varicella	2 doses required with the first dose on or after 12 months of age* OR a reliable history of natural disease

Iowa law **requires** that every child must have a completed immunization record on file at the school by the **first day** of school. If immunizations are in process, the child is enrolled in school on a provisional status. The law allows up to 60 days for completion. At the end of the 60 days, students will not be allowed to attend school until immunizations have been completed. The child's health care provider should be consulted to ensure the child's immunizations are up to date according to the Centers for Disease Control and Prevention (CDC) Childhood Immunization Schedule. All immunization records are audited by the Black Hawk County Health Department.

* The minimum age and intervals recommended by the Advisory Committee on Immunization Practices (ACIP) must be followed.

Physical Exam:

A physical exam should be completed by your health care provider prior to the beginning of school.

Lead Screening:

Iowa law requires all incoming kindergartners must have a lead screening completed prior to the first day of school.

Vision Screening:

Iowa law requires all incoming kindergartner students to have proof of a child vision screening completed no earlier than one year prior to enrollment and no later than six months after enrollment.



Dental Screening:

Iowa law requires all incoming kindergarteners to have proof of a dental exam completed prior to the first day of school. A specific form will need to be completed and signed by your Dental Provider. A healthy mouth and teeth are important to keep the body healthy, to smile, to learn without pain, and to eat. Call the I-Smile™ dental program at 319-415-5908 with questions; or 319-292-2208 to find a dentist or get help scheduling a checkup. The Iowa Department of Public Health Certificate of Dental Screening is included in your kindergarten packet.

Medication Administration Procedure:

Written parental permission is required for all prescription and over-the counter medications to be given at school. Medications will be administered by the school nurse, health assistant or staff members who have successfully completed a medication administration course. Permission forms are available in your school's health office. Medication must be taken to/from school by adults only. All medication must be sent in its original container.

Health Concerns:

It is important to inform the school of any health concerns regarding your child that may affect school performance. Examples of health concerns are: Asthma, ADD/ADHD, Allergies (Including food allergies), Diabetes, Seizures, Headaches. Be sure to indicate any health concerns on the Annual Health Update form which is in your kindergarten packet.

Food Allergies:

If your child has a known food allergy, please make certain to notify your school nurse. Special forms will need to be completed and signed by your child's health care provider.

Communicable Diseases:

It is important to inform the school of any communicable diseases that your child has contracted. Examples would be chicken pox, impetigo, strep throat, fifth disease, pinkeye, ringworm, and mono.

When to keep your child home from school:

Vomiting and/or diarrhea within the past 24 hours
Fever of 100 degrees or higher
Undiagnosed rash (Health care provider will need to diagnose)
Persistent cough
Sore throat
Antibiotics for infection (Child should be home the initial 24 hours of the treatment)