JUNE 13, 2024

## Hunt for Healing

A scavenger hunt to build a backpack of coping skills



UnityPoint Hospice is proud to offer our community a new family-centered grief support program. Children are invited to attend with their families to engage in a scavenger hunt throughout the beautiful landscape of George Wyth State Park in Waterloo.

Families will locate activity stations to build a backpack of coping skills that can be used throughout the year as they continue their grief journey. Stations will focus on suggestions for children/teens and families to remember their loved ones, ways to initiate support systems, and tips for activities families can engage in together to move forward with the memory of their special person.

After the hunt, participants will enjoy a meal and are invited to connect with other families who have experienced loss.

## **HUNT FOR HEALING**

Thursday, June 13 5 - 7 p.m.

## GEORGE WYTH STATE PARK LODGE

3659 Wyth Road Waterloo, IA 50703

## **REGISTER**

CALL:

(319) 235-5027

**EMAIL:** 

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