



CEDAR FALLS TIGER FOOTBALL



2024 FIT TO HIT CAMP

FOOTBALL CAMP IS OPEN TO ALL STUDENTS ENTERING GRADES 5 THROUGH 12
ALL CEDAR FALLS HIGH SCHOOL PLAYERS NEED TO ATTEND CAMP

DATES: AUGUST 6, 7, AND 8 (TUESDAY, WEDNESDAY, AND THURSDAY)

TIMES: GRADES 5-8 4:00-5:30 P.M. WORKOUT
GRADES 9-12 6:00-8:00 P.M. WORKOUT

CHECK IN & WALK-IN REGISTRATION WILL OCCUR **30 MINUTES PRIOR TO TUESDAY CAMP DAY**

LOCATION: NEW CEDAR FALLS HIGH SCHOOL STADIUM FIELD – WEST 27TH STREET

CHECK-IN: FOOTBALL STADIUM – SOUTH CONCOURSE (**TUESDAY ONLY**)
ATHLETIC TRAINER AVAILABLE ON-SITE (PLEASE LEAVE **VALUABLES** AT HOME)

COST: GRADES 9-12 \$35.00 GRADES 5-8 \$35.00

WALK-IN REGISTRATIONS ACCEPTED (**CHECK OR EXACT AMOUNT CASH**)

INCLUDES EXCELLENT FUNDAMENTAL INSTRUCTION AND A CAMP T-SHIRT

OFFICIAL HIGH SCHOOL PRACTICE STARTS AUGUST 12TH

COACH BRAD REMMERT 319-269-1142

CEDAR FALLS HIGH SCHOOL 319-553-2503

2024 CEDAR FALLS TIGERS FIT TO HIT CAMP

REGISTRATION FORM - ALL INFORMATION LISTED IS FOR THE UPCOMING **2024-2025** SCHOOL YEAR

NAME: _____ GRADE/FALL 2024: _____ PHONE: _____

ADDRESS _____ CITY _____ ZIP CODE _____

AMOUNT ENCLOSED \$ _____

PLEASE CIRCLE A SCHOOL AND A SHIRT SIZE

SCHOOL: HOLMES PEET CFHS OTHER _____

ALDRICH CED. HEIGHTS HANSEN LINCOLN N. CEDAR

ORCHARD HILL SOUTHDAL

T-SHIRT SIZE S M L XL XXL XXXL (ADULT SIZES)

YOUTH MED YOUTH LARGE YOUTH XL (YOUTH SIZES)

Checks Payable to:
Fit to Hit Camp
Mail to:
Brad Remmert
Attn: Fit to Hit Camp
2921 Abraham Drive
Cedar Falls, IA 50613

PARENT/GUARDIAN SIGNATURE* _____

*THE SIGNATURE OF THE PARENT/GUARDIAN GIVES PERMISSION FOR PARTICIPATION IN THE "FIT TO HIT" CAMP AND ACTS AS AN INSURANCE WAIVER. YOU MUST HAVE COVERAGE FOR YOUR STUDENT TO PARTICIPATE.