



'TRY OUT CAMP'

Come see how much FUN competitive swimming can be!

Our 'Try Out Camp' is back by popular demand to help develop new skills for swimmers interested in joining our program. They will swim Saturday mornings (60-minute sessions) over the course of four weeks similar to advanced swim lessons.

WHEN: Saturday, April 2, 9, 16, & 23 @ 10-11:00am

WHERE: HOLMES Jr. High Pool (505 Holmes Dr., CF, IA 50613)

COST: \$80 (for all 4 weeks) - Pre-registration is required.

[PRE-REGISTER ONLINE HERE!](#)

PLEASE NOTE:

- Swimmers should be able to complete one length of the pool (25yds) of freestyle (*front crawl*) and one length of backstroke (*back crawl*).
- Swimmers should arrive already in a swimsuit. Also, bring a towel and water bottle. *Swim caps and goggles are optional but highly recommended.*
- Parents and spectators are allowed to observe but must remain in the bleachers (*not on the pool deck*).

QUESTIONS: Contact Melissa Woltz at mwoltz7@gmail.com or (602)799-6944.

