PEET JUNIOR HIGH TIGER NEWS



BUILDING RELATIONSHIPS. MAXIMIZING LEARNING.



http://www.cfschools.org/schools/peet

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October 2020

ECHOES UPDATE: Echoes will begin on Tuesday, October 6. There will be significant changes to Echoes this year. Echoes will serve the academic needs of students only and will not offer any enrichment or recreational activities at this time. An Academic Support Center will be set up in the Media Center Monday through Thursday from 3:00 -4:30 for any students needing additional help or support with their daily work, assessments or for virtual learners needing help with their coursework. A Peet teacher and para-educator will staff the Academic Support Center and students are free to stop in any time for the help they may need. A bus is available for students needing transportation home. The bus will leave Peet at 4:30. Please feel free to contact Josh Green (josh.green@cfschools.org) with any questions or concerns.

WINTER 1 ATHLETICS: Winter 1 activities will be getting started here on October 19th. Winter 1 activities include 7/8 Girls Basketball, 7/8 Wrestling, and Cheer for 7/8/9 Wrestling and Basketball. 9th grade winter activities and practices start on November 16th. These activities include B/G Basketball, Wrestling, B/G Bowling, and Boys Swimming. We know that there will be many obstacles that we are going to need to continue to navigate. There will be more communication and direction will be coming in the near future.

Please remember to get your sports physicals and code of conduct turned into the office before the first practice, if you have not done so already. Each athlete will need to get a "yellow slip" to turn into their coach stating their sports physical and code of conduct are on file.

Go Tigers!

SPORTS PHYSICAL: http://www.cfschools.org/students/athletics_forms

All students who will be participating in athletics and cheerleading must have a physical examination BEFORE they may practice. Sports physicals signed on or after July 1, 2019 are valid through December 2020. Sports physicals may be dropped off to the Peet office.

CONDUCT OF CODE FORM: *New this year* – Online Form!

If your student believes they will be participating in athletics or cheerleading at Peet Junior High for the 2020-21 school year, a Code of Conduct/Concussion Heads Up Form will need to be turned-in. We have made this process much easier by creating an online form for the parent and student to fill-out together. Parents and Athletes must fill-out this Code of Conduct / Concussion Heads Up Form together before the student begins practicing. A new code of conduct must be turned in at the beginning of each year, there is no grace period for these forms like the sports physical. **If families prefer, a hard copy of the Code of Conduct can also be signed and turned into the office.

If you have already turned in a new sports physical or completed the code of conduct for a Fall sport, there is no need to turn in another. If you have questions about junior high athletics, please email the coach. Coach contact information can be found on the Peet Website at: https://www.cfschools.org/schools/peet/athletics

<u>PICTURE RETAKES:</u> Peet will have picture retakes on Tuesday, October 13 from 7:30am-10:00am in the Peet Library. If your student would like to have their pictures re-taken or need their picture taken for the first time this year because they missed school pictures on August 27-28, please sign-up on the following form: <u>Picture Re-Take Sign-Up</u>

- **If your student is having their pictures retaken, they will need to return the original pictures to the LifeTouch employee at the time of them getting their picture re-taken.
- **If your student is having their picture taken for the first time and you would like to order pictures, you can order them at the following link: <u>Picture Retake Order Form</u>

FALL PARENT-TEACHER CONFERENCES:

Parents and Guardians: You are invited to attend Parent-Teacher Conferences on October 27 & October 29.

More information regarding the Parent-Teacher Conference format will be coming.

The schedule for conferences is as follows:

TUESDAY, OCTOBER 27 – 4-7:30 PM THURSDAY, OCTOBER 29 – 4-7:30 PM There will be NO classes for students on Friday, October 30.

conference

Report cards will be emailed to families on Tuesday, October 27. Please limit conference time to not more than **FIVE MINUTES** with each teacher.

We look forward to your attendance at conferences.

END OF QUARTER 1: The End of Quarter 1 will be on Tuesday, October 27th. Up-to-date grades will be viewable on Tuesday, October 27th and emailed to parents.

- Login to PowerSchool to view student grades: https://powerschool.cfschools.org/public/
- **Academic concerns** should first be directed to the classroom teacher. All teacher contact information is located at: http://www.cfschools.org/staff/#peet

END OF TRIMESTER 1: The End of Trimester 1 is Tuesday, November 17th. You will be able to view up-to-date grades on Monday, November 23rd.

MONDAY LATE STARTS: Every Monday, classes at Peet Junior High will start at 9:30am, doors will open at 9:05am which is 90 minutes later than the normal start time of 8:00am. Buses will pick up 90 minutes later than the Tuesday – Friday pick-up times. A chart for bus pick-up times can be found HERE.

ARRIVAL/DISMISSAL TO SCHOOL: The Peet school day begins at 8:00am on Tuesday-Friday and 9:30am on Monday and ends at 3:00pm. Thank you for doing a great job of dropping students off to school at 7:35am Tuesday-Friday and 9:05am on Monday. Students have done a great job of will be on their way home by 3:10pm after school. Students have done a remarkable job of following the procedures put in place to keep themselves and others safe, like wearing face coverings and following directional walking. We are very proud of our Peet students!

<u>PEET PATT</u>: PATT is the parent/teacher organization for Peet Junior High. Each year, we provide funding for teacher meals (conferences, professional development, teacher appreciation) and other purchases like new library furniture, math computers, water bottle filling stations, and more.

As you know, Covid 19 has changed the way we all do many things, and PATT is no exception. In the past, we have asked parents to donate purchased and homemade items for teacher meals, but this year we expect to have higher expenses due to purchasing all items instead of having homemade items brought in.

We do not do typical fundraisers like selling magazines and we do not have any carnivals, festivals, or other fundraising events. In order to support our budget, we are asking families to donate a small amount to pay for these projects. We suggest \$10 per family, but any amount is appreciated.

Donations may be paid online through the <u>Tiger Web Store</u>. Cash or checks (to Peet PATT) can be sent in with your student to the Peet office. Thank you for your support!

COUNSELING SOUND-BYTE: How To Help Your Student STOP Comparing Themselves To Others

(Some information referenced from Big Life Journal)

According to some studies, as much as **10 percent** of our thoughts involve comparisons of some kind. **Social comparison** theory is the idea that **individuals** determine their own social and personal worth based on how they stack up against others. **Comparison** puts focus on the wrong person. You can control one life—yours. But when we constantly compare ourselves to others, we waste precious energy focusing on other peoples' lives rather than our own. Unfortunately, many children tend to compare themselves with their peers instead of focusing on their *own* lane and their *own* progress. As a result, their self-esteem can suffer a LOT.

So what can you do to help? Explain to your child that there's always someone worse or better than them at things at any given moment. And that doesn't matter one bit.

There's NO reason to compare ourselves with others because:

- FIRST, our accomplishments and results do not make us more or less valuable or important. We're all equally worthy of love, attention, kindness just because we were born. It doesn't matter who is better or worse—we're all equally worthy human beings.
- **SECOND**, you can explain that in order to grow we need to focus on building our *own* skills and getting better rather than competing with others.

You can say:

"Our personal growth and learning are always about **us** and no one else. You might not be the best and that's okay. The most important thing is that you're better than you were last time!"

To help your child focus on their own progress, you can ask:

"Can you think of something that you can do now that you couldn't do last year?"

"How do you feel you did compared to last time? Did you make progress?"

"Which part was easier this time compared to last time?"

Remember that these questions are important regardless of if your child WON or LOST. The more we encourage children to focus on their **own** progress and wins, the less they'll compare themselves to their peers going forward.

It takes a village to raise our young people, if you have any concerns regarding your student and his/her self-esteem or general well-being, please contact your student's school counselor at Peet:

- Becky Lins (students with last names A-K): <u>rebecca.lins@cfschools.org</u>
- Theresa Kenser (students with last names L-Z): theresa.kenser@cfschools.org

ACTIVITY BUS: Students who travel to Holmes for after school activities/athletics will ride bus #20, activity bus. 9th graders who go to the high school for after school activities/athletics will ride bus #20, 44, or 37. These bus' will leave immediately after school.

SCHOOL DAY SCHEDULE:

TUESDAY - FRIDAY DAILY SCHOOL DAY SCHEDULE: 7:35 am Students may enter the bldg and report to PD 1 8:00 - 8:43Period 1 8:48 - 9:31Period 2 9:36 - 10:20Period 3 / Announcements 10:25 - 10:45 Tiger Time Period 4 / includes lunch 10:45 - 12:33 A Lunch - 10:45 - 11:15 B Lunch - 11:11 - 11:41 C Lunch - 11:37 - 12:07 D Lunch - 12:03 - 12:33 12:38 - 1:21Period 5 1:26 - 2:09Period 6 2:14 - 3:00Period 7 / Announcements / Staggered Dismissal

١	MONDAY (90 minu	te) LATE START SCHEDULE & WEATHER	
1	RELATED DELAY SCHEDULE:		
1	7:30 - 9:00am	Staff Report for PLC Work	
i	9:05 am	Students may enter the bldg and report to PD 1	
ı	9:30 - 9:59	Period 1	
i	10:04 - 10:33	Period 2	
ı	10:38 - 11:07	Period 3 / Announcements	
i	11:12 - 11:27	Tiger Time	
i	11:27 - 1:18	Period 4 / includes lunch	
		A Lunch - 11:27 – 11:57	
i		B Lunch - 11:54 – 12:24	
!		C Lunch - 12:21 – 12:51	
i		D Lunch - 12:48 – 1:18	
!	1:23 - 1:52	Period 5	
i	1:57 - 2:26	Period 6	
ļ	2:31 – 3:00	Period 7 / Annou / Staggered Dismissal	

FOR YOUR CALENDAR:		
Professional Development – No School	October 16	
End of Fall Mid-Term	October 27	
Parent-Teacher Conferences: 4-7:30pm – more info coming	October 27	
Parent-Teacher Conferences: 4-7:30pm – more info coming	October 29	
No School – Conference Teacher Comp Day (Friday)	October 30	
End of Trimester 1	November 17	
Thanksgiving – No School	November 25-27	
Winter Break – No School	December 23 – Jan 4	
Professional Development – No School	January 4	
School Reconvenes	January 5	

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