

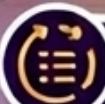


University of Northern Iowa.  
Recreation Services

# JUNIOR PANTHER STRENGTH ACADEMY



**SUMMER  
LIFTING  
PROGRAM**



## PROGRAM DETAILS

- ▶ **JUNE 1<sup>st</sup> - 27<sup>th</sup>**
- ▶ **JULY 6<sup>th</sup> - 31<sup>st</sup>**



## SCHEDULE

MONDAY / WEDNESDAY / FRIDAY  
8:45 AM - 10:15 AM  
10:30 AM - 12:00 PM



## AGE RANGE

11 - 16 YEARS OLD

**\$99** FOR 4 WEEKS

**LOCATION:** UNI WRC (WELLNESS & RECREATION CENTER)

### REGISTRATION & INFORMATION

REGISTER ONLINE: [recreation.uni.edu](http://recreation.uni.edu)  
OR CALL: 319-273-5859

