

CEDAR FALLS CFWC WRESTLING CLUB

2020-2021 CFWC Membership Levels



Membership: CFWC Gold
Membership Cost: \$150
Schedule: November 9th - February 28th
When: Monday, Tuesday, and Thursday
Time: 7:15-8:30 pm
Where: Cedar Falls HS Room
Includes: AAU Membership Card and Custom CFWC Competition Bundle
**Designed for wrestlers planning on participating in multiple weekend competitions, 15 plus tournament matches and planning on wrestling in AAU Districts in February*



Membership: CFWC Silver
Membership Cost: \$100
Schedule: November 12th - February 4th
When: Tuesday and Thursday
Time: 6:15-7:15 pm
Where: Cedar Falls HS Room
Includes: CFWC Practice Bundle



Membership: Tiger Basics
Membership Cost: \$50
Schedule: November 2nd - December 21st (8 sessions)
When: Monday
Time: 6:15-7:00 pm
Where: Peet Middle School Wrestling Room
Includes: CFWC T-Shirt
**Designed for 1st or 2nd year wrestlers new to the sport of wrestling*

For more information and to sign up:

cfwrestlingclub.org

Questions? Email:
coach@cfwrestlingclub.org

OUR MISSION:

To provide a safe, fun and competitive environment that teaches; respect, hard work, and independence while incorporating wrestling techniques. We believe this not only builds strength and endurance but also confidence and character in today's youth.