Aldrich PTO Meeting December 3rd, 2019 7PM - 8:30PM Attendance: Hannah Stovall, Libbie McCulloch, Shanon Zambon, Bridgette West, Andrea Schlotman, Kim Cross, Abbie Perez, Angie Webb, Alice Gabel, Heather Shores

I. CALL TO ORDER -Hannah Stovall

UNI Physical Education Students -Adam VanErsvelde, Morgan Kappel, Tyus Grant
-quality physical education: physical activity (body movement with energy expenditure), recess (break from structured expectations), exercise (planned and repetitive for improving and maintaining fitness), physical education (academic subject with planned and sequential learning)
-goal: give every student skills to be a healthy and active individual
-lowa adopted SHAPE standards: guides teaching and drives lesson planning, psychomotor/cognitive/affective standard domains
-lowa requires 45 minutes per week

-there has been an increase in childhood obesity, type 2 diabetes, cardiovascular disease, and prevalence of mental illness

-ask parents, educators, and community to be proactive and get the word out of the importance of physical education and encourage involvement and funding help

-brain break videos have been created and will be sent to Brooke Hollahan from the Wellness Committee ASAP, she will get them out to the teachers for inside recess options

III. APPROVAL OF OCTOBER MINUTES

-motion to approve Shannon Zambon and 2nd Alice Gabel

- IV. REPORTS OF OFFICERS
 - a. Chairperson's Report Hannah Stovall (5 min)
 - i. Thank you for Fall Festival help and wrap up and keeping everything going
 - b. Treasurer's Report Heather Shores (10 min)
 - i. Fall Festival Donation Summary Sheet (see handout)
 - ii. PTO CARE Budget FY 2020 (see handout)
 - iii. Include thank you to parents in December newsletter for helping us reach our fundraising goal this year
- V. PRINCIPAL'S REPORT Kim Cross (5 min)
 - a. Book Fair going on with help from student council and retired teachers, family night Thursday 3:45-5
 - Partners in Ed: Oakridge Realtors, Skogman Homes, Western Home, Panther Builders, Raising Canes, Texas Roadhouse-good reciprocal opportunities to support and encourage one another
 - c. Literacy night: huge success, thanks to teachers for organizing it
 - d. Still a need for substitute teachers and para help, can apply on the website
 - e. Dance marathon will be this winter to raise money for Children's hospital
- VI. REPORTS OF COMMITTEES

- a. Yearbook & Spirit Angel Stammer (5 min)
 - i. Yearbook drawing voting on Dec. 6th, narrowed down to 5 for kids to vote during lunch on Friday
 - ii. Spirit apparel update -99 orders and 215 items were bought
- b. Fundraising Jen Rusch (5 min)
 - i. Recommend no more fundraising for the year
 - ii. Partner with Student Council for climbing wall, possibly in spring
- c. Service Alice Gabel (5 min)
 - i. Teachers had training and have been coming up with ideas on their own, more ideas will be generated for younger elementary grades and given to teachers
 - ii. Setting up volunteers for inside recess option to have an area in the HEART to make kindness rocks and letters for firefighters, police officers, nursing homes, etc.

VII. ANNOUNCEMENTS

- a. Next meeting January 7th
- VIII. ADJOURNMENT