



# 2020-21 4<sup>th</sup> – 9<sup>th</sup> Grade Winter Volleyball

2020 has brought a lot of change and uncertainty to our lives and this winter club volleyball season looks to be the same. Iowa AAU Volleyball is planning to continue as normal, but no decisions will be made on our season format or any limitations until late December. With that being said, our plan this winter will allow everyone an opportunity to participate and improve regardless of what Iowa AAU decides.

There are several volleyball clubs in the Cedar Valley to choose from and we want all our athletes to find a place where they can succeed. When deciding, it's important to remember that winter volleyball is a time to improve as an athlete and most of that improvement comes from the hours of practice put in learning to play the right way. Questions to ask when deciding are: Who will your coaches be? Does the club have a history of developing successful players? What team level will I be on (top team for that age, second team, etc.)?

The biggest benefit of our program is that **our #1 goal is always the development of Cedar Falls volleyball players.** All groups are coached by experienced, adult coaches and overseen by CFHS Volleyball staff making sure athletes are trained the way they will be in our JH and HS levels with their current and future CF teammates!

## **EVERYONE - Sunday Camps – @ Peet JH - \$125**

*(~12 Sundays - December to Spring Break – Includes Camp Shirt)*

Even with this year's challenges, our goal is always to meet the club mission to improve the level of volleyball at Cedar Falls schools. We believe that by having all of our players participate in Sunday camps and then offering "Grade Team" spots to more advanced players (based on camp performance in December) allows us to keep everyone included without having to turn any players away from the game through a tryout process.

<u>4<sup>th</sup> Grade</u>	<u>5<sup>th</sup> Grade</u>	<u>6<sup>th</sup> Grade</u>	<u>7<sup>th</sup> Grade</u>	<u>8<sup>th</sup> Grade</u>	<u>9<sup>th</sup> Grade</u>
1:30-3:00p	4:30-6:00p	Noon-1:30p	3:00-4:30p	6:00-7:30p	6:00-7:30p

## **"Grade Teams" (by invite) – additional \$150 FEE**

Beginning in January, the top athletes in each grade will be invited to join their grade team(s). Grade Team(s) will practice Sundays and a weeknight (Tues or Thurs) as well as participate in local tournaments against other school teams if that ends up being an option

*Grade Team participation is **OPTIONAL** for those invited. Fee will be due in January when weeknight team practices begin.*

**As with everything, this plan could change or be taken away in an instant if school, state or national regulations call for it. We ask everyone to follow any rules/regulations that will be asked of us and to be as flexible as possible to make this season a success!**

**Please pre-register at our website below.**

**Registration fees will be collected on Sunday, December 6<sup>th</sup> at the first camp.**

**(Check-in and payment details will be communicated closer to that date)**



[www.CedarFallsJuniors.com](http://www.CedarFallsJuniors.com)



<https://www.facebook.com/groups/CedarFallsJuniors/>



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