

BECOME A VOICE THAT CREATES CHANGE

Do you want to learn about being a leader? If so, the Youth Leadership Academy (YLA) is for you!

YLA is a way to connect with peers with disabilities and learn leadership skills. Spend two hours per day for five days this summer and gain skills for a lifetime.

All sessions are virtual and FREE!

BUILD LEADERSHIP SKILLS

- Goal Setting
- Networking
- Mentoring
- Self-Determination
- Disability Rights
- Advocacy and Civic Engagement

ATTEND WITH PEERS LIKE YOU

YLA is for youth and young adults with disabilities ages 14–21. This session will consist of 8–12 students from Iowa communities. Additional sessions may be added, depending on interest.

YOU WILL LEARN:

- How to become a leader
- How to advocate for you and others
- What you can do
- What you are capable of





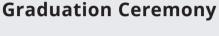
ASK Resource Center

BROUGHT TO YOU BY









Date: Saturday, August 9

Time: 10:00 AM-12:30 PM

SCHEDULE

YLA Training

Family members are invited to this in-person event taking place in Des Moines. A virtual option will also be available.

Date: Monday, July 28 - Friday, August 1

Ceremony will include:

- Sharing exercises by each graduate
- Family member connection opportunities
- Lunch
- Optional tour of the Capitol

American Sign Language (ASL) will be made available.

APPLY ONLINE



www.iowaddcouncil.org/yla

QUESTIONS?

Contact: Carlyn Crowe **Phone:** (515) 201-8151 **Email:** carlyn.crowe@hhs.iowa.gov



University of Iowa Health Care Center for Disabilities & Development

Iowa Developmental Disabilities Council