



BECOME A VOICE THAT CREATES CHANGE

Do you want to learn about being a leader? If so, the Youth Leadership Academy (YLA) is for you!

YLA is a way to connect with peers with disabilities and learn leadership skills. Spend two hours per day for five days this summer and gain skills for a lifetime.

All sessions are virtual and FREE!

BUILD LEADERSHIP SKILLS

- Goal Setting
- Networking
- Mentoring
- Self-Determination
- Disability Rights
- Advocacy and Civic Engagement

ATTEND WITH PEERS LIKE YOU

YLA is for youth and young adults with disabilities ages 14–21. This session will consist of 8–12 students from Iowa communities. Additional sessions may be added, depending on interest.

YOU WILL LEARN:

- How to become a leader
- How to advocate for you and others
- What you can do
- What you are capable of

SCHEDULE

YLA Training

Date: Monday, July 28 - Friday, August 1

Time: 10:00 AM–12:30 PM

Graduation Ceremony

Date: Saturday, August 9

Family members are invited to this in-person event taking place in Des Moines. A virtual option will also be available.

Ceremony will include:

- Sharing exercises by each graduate
- Family member connection opportunities
- Lunch
- Optional tour of the Capitol

American Sign Language (ASL) will be made available.

APPLY ONLINE

www.iowaddcouncil.org/yla



QUESTIONS?

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