



Health Facts for Kindergartners

Immunization Requirements:

DTaP	5 doses required with one dose after age 4 if born on or after September 15, 2003
Polio	4 doses required with one dose after age 4 if born on or after September 15, 2003
MMR	2 doses required with one dose on or after 12 months of age, and one dose between ages 4 and 6
Hepatitis B	3 doses required
Varicella	2 doses required if born on or after September 15, 2003 OR a reliable history of natural disease

Iowa law **requires** that every child must have a completed immunization record on file at the school by the **first day** of school. If immunizations are in process, the child is enrolled in school on a provisional status. The law allows 60 days for completion. At the end of the 60 days, students will not be allowed to attend school until immunizations have been completed. All immunization records are audited by the Black Hawk County Health Department.

Physical Exam:

A physical exam should be completed by your health care provider prior to the beginning of school. The physical exam form is included in your kindergarten packet. It can also be found on the District's web site.

Lead Screening:

Iowa law requires all incoming kindergartners must have a lead screening completed prior to the first day of school.



Dental Screening:

Iowa law requires all incoming kindergartners should have proof of a dental exam completed prior to the first day of school. A specific form will need to be completed and signed by your Dental Provider. A healthy mouth and teeth are important to keep the body healthy, smile, learn without pain and eat. Call the I-Smile dental program at 319-415-8907 with questions; or 319-292-2208 to find a dentist or get help scheduling a checkup. The Iowa Department of

Public Health Certificate of Dental Screening is included in your kindergarten packet or can be found on the District web site.

Vision Screening:

Although a vision screening isn't required for enrollment, the Iowa Legislature is recommending eye examinations completed by an Eye Doctor. Green vision cards are in your kindergarten packet or can be obtained from your child's school.

Medication Administration Procedure:

Written parental permission is required for all prescription and over-the counter medications to be given at school. Medications will be administered by the school nurse, health assistant or staff members who have successfully completed a medication administration course. Antibiotics prescribed three times a day should be given at home. Permission forms are available on-line at the Cedar Falls School District website under the Health and Safety tab and medical forms subheading or from your school's health office. Medication must be taken to/from school by adults only.

Health Concerns:

It is important to inform the school of any health concerns regarding your child that may affect school performance. Examples of health concerns are: Asthma, ADD/ADHD, Allergies (Including food allergies), Diabetes, Seizures, Headaches. Be sure to indicate any health concerns on the Annual Health Update form which is in your kindergarten packet..

Food Allergies:

If your child has a known food allergy, please make certain to notify your school nurse. Special forms will need to be completed and signed by your child's health care provider. This form can be found on the District's web site.

Communicable Diseases:

It is important to inform the school of any communicable diseases that your child has contracted. Examples would be chicken pox, impetigo, strep throat, fifth disease, pinkeye, ringworm, and mono.

When to keep your child home from school:

Vomiting and or diarrhea within the past 24 hours

Fever of 100 degrees or higher

Undiagnosed rash (Health care provider will need to diagnose)

Persistent cough

Sore throat

Antibiotics for infection (Child should be home the initial 24 hours of the treatment)