

PEET JUNIOR HIGH TIGER NEWS



BUILDING RELATIONSHIPS.
MAXIMIZING LEARNING.



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February 2021

PARENT SCHOOLGY ACCOUNT: Do you have a Parent Schoology Account set-up? If not, please consider following the below steps to create an account so you can keep up-to-date on what work students are completing in classes. This is a very helpful tool not only when students are in-person learning, but also if CFCS D were to go back to virtual learning for a short period of time.

1. Go to [schoolology.com](https://www.schoolology.com)
2. Click on "Sign Up" in the upper right-hand corner.
3. Choose "Parent"
4. Enter the access code provided by your child's teacher - email leah.cahill@cfschools.org for access code
5. Click "Continue".
6. Enter your name, email address, and create a password to access the Schoology Parent Portal. (If you do not want to receive Schoology update alerts, uncheck the box that says "Receive periodic Schoology updates".)
7. Be sure to save your password!
8. You should now be able to view the Parent Portal.
9. It is highly suggested that you take the tour. Click "Next" on the popup box that appears once you get into the portal.



MONDAY (90 minute) LATE START SCHEDULE & WEATHER RELATED DELAY SCHEDULE:

If there is a weather related delay, buses will be run 90 minutes later than a Tuesday – Friday Schedule. Not a Monday 90 min late start bus schedule.

ISASP:

Iowa Statewide Assessment of Student Progress – formally known as: Iowa Assessments or ITBS

This year will be the second year of state wide assessments through the Iowa Statewide Assessment of Student Progress (ISASP) – formally known as: Iowa Assessments or ITBS. The testing will all be done on student Chromebooks. Iowa Assessments will be the week of April 5th, and the schedule for testing will be similar to years past. We will have 2 hour test blocks each morning with a break in between each test.

All tests will be untimed, so any student who needs more time to finish each test will be allowed to do so. You will also not need to bring a calculator as that will be available on the Chromebook. Teachers have and will continue to prepare students for these tests, as we are doing our best to set all students up for success.

On these test days, student will need to bring:

- Chromebooks FULLY charged! All testing will be done on the student Chromebook, so make sure it is charged the night before.
- A book to read if finished early from testing. No phones, watches, or electronics of any kind will be allowed during the testing time, and students will not be allowed to be on Chromebooks when not testing.
- Each student's best effort! These tests are important for future success and to help us schedule students in the correct classes for next year. Don't be nervous, just do your best!

GOLD STAR NOMINATIONS: The nominations for the 2021 Gold Star Award for Outstanding Teaching are now open! Do you have a teacher who has made an impact in your life? Someone who has gone above and beyond as an educator? If so, send in a nomination! Your favorite teacher could be honored at a flashy award ceremony and win \$1,000 for their hard work! Nominations are due by midnight on February 20th, so submit yours [online](#) or in the main office at Peet today!!!

COUNSELING SOUND-BYTE: With all of the big changes that happened in the world in 2020 (distance learning, masks, social distancing), our students may feel like they completely lost control of their lives. It's important to remember that big changes and even new experiences might feel confusing, scary and altogether unsettling. That's why it's important that we, at home and at school, do our best to create structure and stability and remind our kids about all the things that they still have control and power over. **Some examples include:** how they spend their free time, getting enough sleep, talking about their feelings, asking for help, celebrating small wins, having a positive attitude, learning from feedback, how much effort they put into things, trying again, taking a break when needed, finding the good in any situation and so on! It's also a good reminder for students to learn to let go and enjoy themselves, even if things didn't go the way they wanted.

5 Ways to Help Children Focus on What They Can Control

1. Teach Accountability



Children who feel powerless often focus on things they can't change. **Create a "Culture of Accountability."**

Each family member is responsible for:

- ✓ Their own actions and behaviors.
- ✓ Following the rules and expectations set by the grown-ups.
- ✓ How they respond to stressful or upsetting situations.

2. Create a Circle of Control

Big Life Journal

Control is a tricky concept to explain to a child. But a **visual depiction** of what they do and do not have power over makes it much less daunting.



3. Practice Mindfulness

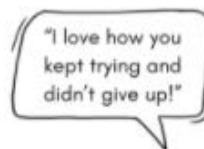
Mindfulness is the practice of **accepting what is** – without automatically trying to change it.

Explain to your child that we can't always control what happens to us, but we do have a say in **how we respond to it**. We can still choose our attitude.



4. Praise Effectively

One of the simplest ways to help your child gain more confidence is by offering effective praise. Studies show that praise **must be both specific and sincere** in order to positively impact self-esteem.



5. Understand the Power of Choice

Allowing your child to make important decisions about their lives is **crucial for their mental and physical health** – it even impacts key brain development. Provide them with options within established routines.



FOR YOUR CALENDAR:

9 th – 10 th Parent Meeting – recording sent by 7:00pm	February 1
8 th – 9 th Student/Parent Q & Z – via Zoom – 6:00-7:00pm	February 4
6 th – 7 th Student/Parent Q & A – via Zoom – 7:00-8:00pm	February 4
9 th – 10 th Student/Parent Q & A – zoom link will be provided – 4:00-6:00pm	February 4
No ECHOES – Faculty Meeting	February 8
Professional Development – No School	February 19
End of Trimester 2	March 1
No ECHOES	March 8-11
Parent-Teacher Conferences – 4:00-7:30pm	March 8
Parent-Teacher Conferences – 4:00-7:30pm	March 11
No School – Conference Compensation Day	March 12
No School – Spring Break	March 15-19
Spring Mid-Term	March 26
ISASP Testing	Week of April 5
No ECHOES – Faculty Meeting	April 12
No ECHOES – Faculty Meeting	May 10
No School – Memorial Day	May 31
End of Semester 2/Trimester 3	June 2

SCHOOL DAY SCHEDULE:**TUESDAY – FRIDAY DAILY SCHOOL DAY SCHEDULE:**

7:35 am	Students may enter the <u>bldg</u> and report to PD 1
8:00 – 8:43	Period 1
8:48 – 9:31	Period 2
9:36 – 10:20	Period 3 / Announcements
10:25 – 10:45	Tiger Time
10:45 – 12:33	Period 4 / includes lunch
	A Lunch - 10:45 – 11:15
	B Lunch - 11:11 – 11:41
	C Lunch - 11:37 – 12:07
	D Lunch - 12:03 – 12:33
12:38 – 1:21	Period 5
1:26 – 2:09	Period 6
2:14 – 3:00	Period 7 / Announcements / Staggered Dismissal

MONDAY (90 minute) LATE START SCHEDULE & WEATHER RELATED DELAY SCHEDULE:

7:30 – 9:00am	Staff Report for PLC Work
9:05 am	Students may enter the <u>bldg</u> and report to PD 1
9:30 – 9:59	Period 1
10:04 – 10:33	Period 2
10:38 – 11:07	Period 3 / Announcements
11:12 – 11:27	Tiger Time
11:27 – 1:18	Period 4 / includes lunch
	A Lunch - 11:27 – 11:57
	B Lunch - 11:54 – 12:24
	C Lunch - 12:21 – 12:51
	D Lunch - 12:48 – 1:18
1:23 – 1:52	Period 5
1:57 – 2:26	Period 6
2:31 – 3:00	Period 7 / <u>Annou</u> / Staggered Dismissal

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