

LET'S TALK MENTAL HEALTH: A COMMUNITY CONVERSATION

FREE EVENT | NO REGISTRATION | CHILDCARE PROVIDED | LIGHT REFRESHMENTS
EVERY STUDENT, EVERY DAY | TAKING CARE OF OUR COMMUNITY

WHEN: Monday, October 28th

TIME: 5:30pm-8:00pm

WHERE: Cedar Falls High School

WHO: Students, Families, Community Members

SCHEDULE

5:30-6:00 Vendors

6:00-7:00 Keynote Speaker Joan Becker

7:00-7:15 Vendors

7:15-8:00 Session I

SESSION TOPICS

Pressures of High School & the College Transition,
Teen Addiction, Anxiety with a K-12 Perspective,
Suicide Prevention, A Trauma Informed Community

QUESTIONS?

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KEYNOTE SPEAKER

Joan C Becker, author of *Sentenced to Life - Mental Illness, Tragedy, and Transformation*, speaks on and advocates for Mental Health across the state of Iowa after her son, Mark, fatally shot beloved Parkersburg football coach, Ed Thomas.