



NetFest Snow Days Edition



2019 Cedar Falls Fundamentals Camp

PURPOSE: The goal is to further develop the fundamental skills in both volleyball and basketball while encouraging girls to participate in multiple sports.

COACHING/INSTRUCTION: The staff will be comprised of the Cedar Falls HS/JH coaching staffs and athletes.

CAMPS: ELEMENTARY CAMP	UPPER ELEMENTARY CAMP	JUNIOR HIGH CAMP
Grades 3-4	Grades 5-6	Grades 7-8
May 28 th -31 st	May 28 th -31 st	June 3 rd -6 th
BBall 4:45-6:15pm	VBall 4:45-6:15pm	VBall 4:00-5:30pm
VBall 6:30-8:00pm	BBall 6:30-8:00pm	BBall 6:00-7:30pm

**ALL CAMPS ARE AT CEDAR FALLS HIGH SCHOOL.
ALL GRADES ARE FOR THE 2019-2020 SCHOOL YEAR.**

**We will provide a snack for those participating in both camps between the two sessions.

COST: Attending BOTH the volleyball and basketball fundamental camp - \$80
Only attending ONE of the fundamental camps - \$50

** If more than one daughter is participating in the camp, pay full price for first daughter and take additional money off for any additional participant. Attending both camps - 1 participant = \$80, 2 participants= \$140, 3 participants= \$180
Attending one camp - 1 participant = \$50, 2 participants= \$90, 3 participants= \$120

ENROLLMENT: MAIL APPLICATION AND CHECK TO:

**Make Checks out to: Cedar Falls Girls' Camp

Gregg Groen, Camp Director
Cedar Falls Net Fest Camp
1200 Rocky Ridge Road
Cedar Falls, IA 50613

Contact / Questions:

Gregg Groen – Camp Director
gregg.groen@cfschools.org
Matt Johnson – Camp Director
matthew.johnson@cfschools.org

Players Name _____

Shirt Size- (Circle One) Adult Size- S M L XL
Youth Size - S M L

Grade (next year) _____

Parent/Guardian (please print) _____

Signature (Parent/Guardian) _____

Parent/Guardian Email: _____

Parent/Guardian Contact Number: _____

Choose one of the following:

- Attending BOTH the Volleyball and Basketball Fundamental Camp - Cost - \$80
- Attending ONLY the Volleyball Fundamental Camp - Cost \$50
- Attending ONLY the Basketball Fundamental Camp - Cost \$50