

CEDAR FALLS TIGER BASKETBALL CLUB

2016 SEASON

OUR 31st YEAR OF SERVICE TO CF GIRLS BASKETBALL

When: Registration for the Cedar Falls Girls' Basketball Club will start on **Sunday, October 16**. Any interested players in **2nd through 8th grade** can sign-up that day (or any following Sunday).

Registration: At **Holmes Junior High** during the specific time slot for each grade level. Please visit the Cedar Falls Girls' Basketball website at <https://sites.google.com/a/cfschools.org/cedar-falls-women-s-basketball/> or locate by going (Cedar Falls Community School + Schools + High School + Extracurricular + Women's Basketball + Cedar Falls Club Basketball) for updated information on time for registration. You can also access the registration/waiver form on this site.

Contact: Club President Ryan Hannam at ryhannam@hotmail.com or Head Girls' Basketball Coach Gregg Groen at gregg.groen@cfschools.org

PURPOSE: The purpose of the Cedar Falls Girls Basketball Club is to provide CF girls an opportunity to be successful at basketball by providing the needed skills, practice time and games in positive encouraging atmosphere.

GOAL: To develop a tradition of excellence in Girls Basketball in Cedar Falls.

PHILOSOPHY: It is our belief that success is made up of combination of talent, skills, hard work and a winning attitude. The winning attitude comes about by the development of positive self-esteem. The best way to develop self-esteem is to know what you are doing and achieve success in the doing. Our goal is to provide a positive environment for that to happen.

Basketball is a team sport and the most successful teams are those that put the team's needs ahead of personal needs. Developing friendships and respect for teammates is a high priority. Hopefully, the friendships and the lessons learned through basketball will last long beyond competition.

COST: The cost of the club membership for the 2016 will be determined before the start of the year. Last year's cost was \$75.00. Checks may be payable to the Cedar Falls Girls Basketball Club and given to your daughter's grade level coordinator.

PROGRAM OVERVIEW: The Cedar Falls Girls Basketball Club is made up of parental volunteers. It is founded on care and genuine concern for girls and girl's athletics. The program is not designed to replace the programs offered by the school, recreation department or YMCA. It is designed to supplement those programs. We encourage participation in as many programs as possible. It is our belief that the more opportunities a girl has at a young age to learn and practice skill, the better chance they have at being successful at the high school and college level.

PLAYERS: The program is open to all girls living or attending school in Cedar Falls.

COACHES: The coaches in the Cedar Falls Girls Basketball Club are concerned parents willing to donate their time and knowledge to their girls and the girls of other parents. There are no paid coaches. The only compensation the coaches receive is the satisfaction gained by the development and improvement of the girls.

TEAMS: The teams are broken down by classes. Lead contacts will be established

Each grade level will determine practice schedules, number of teams sponsored, attendance requirements and game participation based upon the number of participants, coaches and times available.

GAMES: The importance of the game experience varies with age and skill level. All grade and skill levels will have the opportunity to participate. This will vary by grade level and will be determined by each grade level coaching staff. We will try to form as many teams as possible to give all girls an opportunity to play. We encourage coaches to play as many girls as possible. Games are the reward for hard work and accomplishment. Those girls that work hard, regularly attend practices and learn the skills will be given priority over other girls. **Players in 2nd grade will not attend tournaments. 2nd graders will focus on fundamentals and intrasquad scrimmages.**

PARENTS ROLE: The best role that the parents can provide is to be actively involved in the program. Even if you are not a coach, volunteers are always needed. We also are looking for great fans. Please keep in mind while attending the game that most everyone involved are volunteers and are doing this for the good of our children. The majority of referees are either beginning or simply doing it as a favor to the kids and the programs. Cheer as loudly as you can for all of the good play that you see. Please refrain from expressing yourself negatively, whether it be made by players, coaches, or referees. If you encounter problems, please discuss them with the coach or the Club Board of Directors. We want to deal with problems immediately and in an open-caring atmosphere. Encourage your kids to practice often.

EQUIPMENT: It is important to provide your child with a good pair of basketball shoes. Basketball is a fast game on your feet- so take care of them. Girls without a good pair of shoes will be at a disadvantage and are more at risk for injury. The club furnishes t-shirts, uniforms and basketballs.

PHYSICAL REQUIREMENTS: We require that all girls have a signed release and medical authorization form. Basketball is a physical game. We all need to know that our girls are able to withstand the rigors of the game.

PRACTICE TIMES: Will be determined after sign-up meeting. Usually, a practice will be on Sunday with an additional practice occurring on a week night.