



**Volunteer Center
of Cedar Valley**

HERE ARE SOME FUN IDEAS TO DO WITH AN ORGANIZATION IN THE CEDAR VALLEY

Cook meals for Catholic Workers House:

Make at home, freeze and deliver

Cedar Valley Arboretum and Botanic Gardens:

Clean flower beds, water

Cedar Valley Association of Soft Trails:

Clean trails

Hartman Reserve Nature Center:

Clean trails, assist with property
and trail maintenance

Northeast Iowa Food Bank:

Sort food donations, stock shelves, pack food
packs, and assist with weeding, watering and
picking produce from community garden

Country View Care Facility:

Play games with residents

Grout Museum District:

Prepare dog tags for museum patrons, assist
with one-time events, help with mailings

Newel Post: Play games with clients

North Star:

Take part in crafts and activities and play games

Salvation Army:

Help prepare and serve noon meal

Northeast Iowa Area Agency on Aging:

Design and create cards, placemats, and other
decorations to go with delivered meals



IDEAS FOR SUMMER VOLUNTEERING WITH CHILDREN

HERE ARE SOME FUN IDEAS YOU CAN DO ON YOUR OWN!

-  Make play dough and take to day care center
-  Volunteer to bag cat and dog food or make fleece blankets and pull toys for the Cedar Bend Humane Society
-  Collect cans and bottles to give money to agency of choice
-  Have a lemonade stand or bake sale and give money to agency of choice